

More than Physiology

Physiology is a designated Biology course that all Exercise Science majors are required to take. For a deeper understanding of the human body in a mostly molecular level. Dr. Hartney is splendid in furthering our knowledge in lecture. She herself, is not only a professor at the Fort but also a Veterinarian in Durango. With her help the class is excited and intrigued by her lecture courses.

Observing my fellow scholars in her course is a lesson all in its own. There are many other majors that also have to take the course and there is a distinct difference as far as attitude and attention span between the majors. Those who intend on being physical therapists or doctors of some sort are typically asking more questions and relating it to the human body in an exercise view point. Asking specifically for sports and athlete examples, because it is easier to relate. I would say that those who are intending on taking a profession that involves the human body, whether it is muscular movement or the cure of the body, are more intrigued in this course than those who just need the credits for their major.



I noted that every person was vigorously taking notes to learn about active and passive transport chains, and although every person was busy scribbling Dr. Hartney ensured that we were all physically paying attention by getting us involved with questions for each table. The right side of the class seemed to be paying attention the most and answering a majority of the question, this particular group of scholars are all declared exercise science physiology option majors. The other

side of the class, of which are mostly ublic health and exercise scinece coaching majors seemed almost uninterested. Would this be because of our dedicated interest in a particular field of study? I would conclude so, because one would not be interested in something they feel is not relevant to their career.