

# Critical Thinking: How We Use It

The other day in class we discussed critical thinking. It can be difficult to define. I think that most of the time the reason for this is that when we do it, we're trying to make it fit into only an academic context. However, the fact is that we do critical thinking all the time. Whether it's planning what you're going to do for spring break, or planning out how you're going to use your time on the weekend to balance schoolwork, partying, and skiing. It all requires critical thinking.

Everyone is capable of it, and everyone does it. It's just a matter of figuring out your process, and applying it.