

# Reflection of Authoring Your Life

*Authoring Your Life: Developing an Internal Voice to Navigate Life's Challenges* by Marcia Baxter Magolda has surprised me. I'm surprised I am not able to easily relate the stories in the book to my own life. I am honestly having some difficulty finding the similarities in my life to the patients exhibited in the book. It's quite possible that I am not looking in the right places.